



Sweet & Sour Chicken

1 lb chicken, boneless and cut into cubes
2 tsp oil
1 garlic clove, minced
1 cup green pepper strips
1 1/4 cups chicken broth

1/4 cup soy sauce
2 tbsp sherry
3 tbsp vinegar
3 tbsp brown sugar
1/2 tsp ginger
1 can chunked pineapple (do not drain)
1 1/2 cups Minute Rice

Optional: add 1/3 cup teriyaki sauce

Brown chicken in oil. Add garlic and green pepper, sauté briefly.
Add chicken broth, soy sauce, sherry, vinegar, sugar, ginger, and pineapple.
Bring to a boil.

Stir in rice, cover, and remove from heat.
Let stand 5 minutes before serving.