



Date Muffins

1 1/2 cups chopped dates
3/4 cup boiling water
1 tsp baking soda

1 3/4 cups all-purpose flour
1 tsp baking powder
1/2 tsp salt
1/2 cup chopped walnuts

2 eggs
3/4 cup brown sugar, packed
1/4 cup cooking oil
1 tsp vanilla

Combine dates, boiling water, and baking soda in a bowl and set aside.

Combine flour, baking powder, salt, and nuts in a second bowl. Stir well and set aside.

In a mixing bowl, beat eggs until frothy. Slowly blend in sugar, cooking oil, and vanilla.

Stir in date mixture. Add dry ingredients and stir just to combine. Do not overmix.

Fill greased muffin cups 3/4 full.
Bake at 400°F (200°C) for 20 to 25 minutes.
Remove from pan after 5 minutes.

Yield: 16 muffins